



Republic of the Philippines
Department of Education
REGION IX, ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DAPITAN CITY

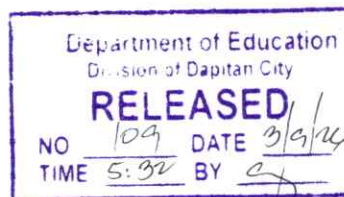
March 9, 2026

DIVISION MEMORANDUM
NO. 109, s. 2026

**ANNUAL PHYSICAL EXAMINATION OF DEPED EMPLOYEES
(TEACHING AND NON-TEACHING PERSONNEL)**

To: Chief CID & SGOD
Education Program Supervisors
Public School District Supervisors
School Health Personnel
All Others Concerned

1. Pursuant to DepEd Memo. No. 22 s. 2015 and in compliance with Civil Service Commission Memorandum Circular No. 17 s. 1989, **all government employees are required to undergo the Annual Physical Examination.**
2. Listed below are the diagnostic examinations as recommended by Dr. Roderick M. Hamsirani, Medical Officer III, which are to be complied with by the teaching and non-teaching employees of this Division, to wit:
 - a. Chest X-ray
 - b. Urinalysis
 - c. CBC (Complete Blood Count)
 - d. FBS (Fasting Blood Sugar)
 - e. Lipid Profile (40 years old and above)
3. All results shall be attached to CS. Form 86 to be signed by any government physician for medical clearance. This will be submitted to District/School Nurses for consolidation on or before March 31, 2026.
4. The Annual Physical Examination is required to monitor the health status of employees.
5. Widest dissemination of this memorandum is desired.



JAY S. MONTEALTO, CESO VI
Schools Division Superintendent



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